

The Delaware Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) Roster

What is the Delaware TF-CBT Roster?

Family members, professionals and members of the public can use this roster to find a trained specialist in the treatment of child and family trauma.

The roster is a publicly available listing of trainees and successful program graduates of the Delaware Children's Department's Division of Child Mental Health Services. DCMHS has a clinical training program designed to train mental health professionals with at least a masters degree and experience to use the **Trauma-Focused Cognitive Behavioral Therapy** intervention developed by Esther Deblinger, Ph.D., Judith Cohen, M.D. and Anthony Mannarino with fidelity to the model. DCMHS has trained clinicians in this treatment to provide **effective, trauma-specific treatment for children with physical and/or sexual abuse, neglect, a history of witnessing violence (community or domestic violence) or experience with a traumatic event (e.g. car accident).**

Symptoms of child traumatic stress include but are not limited to:

- Repeated, upsetting memories of the traumatic event
- Flashbacks, reliving the experience
- Very upset by sights, sounds, smells which trigger memory of the traumatic event
- Avoiding places or people that are reminders of the event
- Being easily startled
- Showing very little emotion, seeming "numb" regarding the event
- Frequent nightmares
- Difficulty sleeping
- Difficulty concentrating
- Lack of interest in usual activities or personal relationships they once enjoyed

TF-CBT is a psychosocial treatment model designed to treat posttraumatic stress and related emotional and behavioral problems in children and adolescents and is listed as an evidence-based practice on the U.S. Substance Abuse and Mental Health Services Administration website: the National Registry of Evidence-based Programs and Practices (NREPP) with a quality of research rating of 3.8 on a scale of 4.0. The link to that website for TF CBT is: <http://www.nrepp.samhsa.gov/>

For general information about child traumatic stress, the website of the National Child Traumatic Stress Network (federally funded organization) is www.nctsn.org. It has information specifically designed for interest groups like parents, schools, etc... DCMHS is a member of the NCTSN and the training provided to Delaware clinicians is part of a very competitive federal grant obtained by DCMHS.

Last updated: January, 2010

Disclaimer: As a public service, the Division of Child Mental Health Services of the Delaware Children's Department has developed this roster which contains a list of trainees and graduates of its TF-CBT training program. Neither DCMHS nor its providers nor its funders provide official endorsement of the clinicians included on our roster. This listing of clinicians is available for information purposes only; this listing is not meant to replace consultation with your physician or mental health professional. The views and opinions of clinicians listed on this site do not necessarily state or reflect those of DCMHS or the State of Delaware.

The Delaware Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) Roster*

Clinicians with an asterisk by their names (*) will accept referrals of YOUNG CHILDREN and have received additional training in using TF-CBT with young children.

*Unless otherwise indicated, **ALL clinicians on this roster accept third party payment as well as Medicaid Managed Care as payment for services.***

Alatur, Oya

Oya Alatur, LCSW
Jewish Family Services
286 E. Main Street, Suite 1
Newark, DE. 19711
Phone: 302-478-9411

Bushnell, Pamela

Pamela Bushnell, LCSW
Jewish Family Services
286 E. Main Street, Suite 1
Newark, DE 19711
Phone: 302-478-9411

Cannon, Terry

Terry Cannon, LPCMH
Delaware Guidance Services
Polly Drummond Office Park, Bldg 1, Suite 1208
Newark, DE 19711
Phone: 302-652-3948

Coleman, Norwood	<p>Norwood Coleman Moore Proactive Solutions 260 Chapman Road, Suite 100B Newark, DE 19709 Phone: 302-897-7448</p>	
Crichton, Thomas	<p>Thomas Crichton, LPCMH Delaware Guidance Services 1213 Delaware Avenue Wilmington, DE 19806 Phone: 302-652-3948</p>	
Dyer, Carol	<p>Carol Dyer, LCSW Catholic Charities 406 S. Bedford Street, Suite 6 Georgetown, DE 19947</p>	(Spanish-speaking, bilingual)
Gonzalez, Ada	<p>Ada Gonzalez, Ph.D. Delaware Guidance Services 103 Mount Blanc Boulevard Dover, DE 19904 Phone: 302-678-3020</p>	(Spanish-speaking, bilingual)
Gonzalez, Ada	<p>Ada Gonzalez, Ph.D. The Mind and Body Consortium 1151 Walker Road Dover, DE 19904 Phone: 302-674-2380</p>	(Spanish-speaking, bilingual)

Gornic, Stav*	<p>Stav Gornic, LPCMH</p> <p>The Mind and Body Consortium</p> <p>1151 Walker Rd.</p> <p>Dover, DE 19904</p> <p>Phone: 302-674-2380</p>	
Haman, Patricia	<p>Patricia Haman, LPCMH</p> <p>Delaware Guidance Services</p> <p>1213 Delaware Avenue</p> <p>Wilmington, DE 19806</p> <p>Phone: 302-652-3948</p>	
Jones, Judith	<p>Judith Jones, LCSW</p> <p>Delaware Guidance Services</p> <p>103 Mont Blanc Boulevard</p> <p>Dover, DE 19904</p> <p>Phone: 302-678-3020</p>	
Joselow, Beth*	<p>Beth Joselow, LPCMH NCC</p> <p>The Tides Behavioral Health</p> <p>117 Schley Avenue</p> <p>Lewes, DE 19958</p> <p>Phone: 302-703-2255</p>	<p>**Not a DCMHS provider</p>
McLaughlin, Peggy	<p>Peggy McLaughlin, MSCC</p> <p>Catholic Charities</p> <p>2601 W. 4th Street</p> <p>Wilmington, DE 19805</p> <p>Phone: 302-655-9624</p>	

Miller, Deborah*	Deborah Miller, LCSW Lighthouse Therapy Center 30838 Vines Creek Road, Suite 2B Dagsboro, DE 19939 Phone: 302-732-1310	**Not a DCMHS provider
Millerline, Theodora	Theodora Millerline, MS (Teddi) Catholic Charities 1155 Walker Road Dover, DE 19904 Phone: 302-674-1600	
Moores, Stephen*	Stephen Moores, MC, LPCMH Delaware Guidance Services Polly Drummond Office Park, Building 1, Suite 1208 Newark, DE 19711 Phone: 302-652-3948	
Pitale, Maria	Maria Pitale, Psy.D. Latin American Community Center 301 N. Harrison Street Wilmington, DE 19805 Phone: 302-295-2160	(Spanish-speaking, bilingual)
Redman-Brown, Robin*	Robin Redman-Brown, LPCMH The Delaware Family Center 3608 Lancaster Pike Wilmington, DE 19805 Phone: 302-995-9600	**Not a DCMHS provider

Repka, Denise	Denise Repka, LCSW Jewish Family Services 99 Passmore Road Wilmington, DE 19803 Phone: 302-478-9411	
Rose, Roxana*	Roxana Rose, LCSW Delaware Guidance Services 1213 Delaware Avenue Wilmington, DE 19806 Phone: 302-652-3948	(Spanish-speaking, bilingual)
Santiago, Abner	Abner Santiago, MS Latin American Community Center 301 N. Harrison Street Wilmington, DE 19805 Phone: 302-295-2160	(Spanish-speaking, bilingual)
Smolko, Nona	Nona Smolko, LCSW Jewish Family Services 99 Passmore Road Wilmington, DE 19803 Phone: 302-478-9411	
Spears, Michael	Michael Spears, MSW Jewish Family Services 99 Passmore Road Wilmington, DE 19803 Phone: 302-478-9411	

Sweetman, Anne	<p>Anne Sweetman, LPCMH People's Place 1131 Airport Road Milford, DE 19963 Phone: 302-422-8026</p>	
Traynor, Stephanie*	<p>Stephanie Traynor, Psy.D. Latin American Community Center 301 N. Harrison Street Wilmington, DE 19805 Phone: 302-295-2160</p>	(Spanish-speaking, bilingual)
Unitis, Allison(*)	<p>Allison Unitis, LPCMH Delaware Guidance Services 900 Health Services Drive Seaford, DE 19973 Phone: 302-262-3505</p>	(Children ages 5 yrs + preferred)
Wienhold, Janice	<p>Janice Wienhold, LPCMH Delaware Guidance Services 900 Health Services Drive Seaford, DE 19973 Phone: 302-262-3505</p>	